



Dr Rebecca Hierons BDS FDSRCS Dip Sed
Specialist Oral Surgeon
Special Interest in Skin and Advanced Aesthetics

I qualified from Liverpool in Dentistry in 1993 and obtained my postgraduate Fellowship in Dental Surgery from Edinburgh in 1996. I worked in Chester, Sunderland & latterly as an Associate Specialist in Oral & Maxillofacial Surgery in Newcastle General Hospital over a period of 16 years, during which time I gained extensive experience in the field of oral and facial trauma; including fractured mandibles, zygomas and orbital floors as well as facial lacerations.

In 2010 I left the hospital to work for Queensway Dental Clinic and completed my postgraduate diploma in conscious dental sedation at Newcastle University in June 2011. I also have an interest in teaching and have been an Advanced Trauma and Life Support (ATLS®) instructor in the past. I still regularly teach post-graduate Oral Surgery and was President of the British Association of Oral Surgeons 2017-2019.

I started my aesthetics journey in 2010 and have since trained extensively, both nationally and internationally. I completed the FDGP (UK) Masterclass in Facial Aesthetics with distinction in 2015 and have been fortunate to train with a number of internationally renowned clinicians including Mrs Sabrina Shah-Desai, Dr Kuldeep Minocha, Professor Bob Khanna, Dr Raul Cetto, Dr Lee Walker and Dr Tapan Patel. I am a member of ACE, IAAFA, Save Face and The British Association of Sclerotherapy. I completed the Level 7 Post Graduate Certificate in Aesthetic Injectables with Harley Academy in 2021.

My ZO training started in 2014 with Dr Rachael Eckel and Dr Zein Obagi - I always ensure I do regular training days every year familiarizing myself with new products and updating my knowledge. I am honoured to be part of the UK ZO faculty having studied with Dr Zein Obagi at his ZO clinic in Beverley Hills in 2018.

Out of work, I enjoy family life with my lovely husband and children - Charlie, Cat and Dan. I am a slow but enthusiastic runner, a passionate cook and a huge Bake Off fan!

Aesthetics & Skin Courses

Dermal filler foundation course, Cosmetology 2010
Botulinum Toxin Type A foundation course, Cosmetology 2010
Lips Augmentation & Anaesthesia, Cosmetology 2011
Beginners Dermal Filler Techniques, Bob Khanna (BKTi) 2012
Advanced Botulinum Toxin Hands-on Training Course, BKTi 2012
Botulinum Toxin Level 3 Hands-on Training Course, BKTi 2013
(Gummy smiles, bruxism and other TMJ symptoms)
Dermal Filler Level 3 - Part One Hands-on Training Course, BKTi 2013
(Mid-face augmentation - cheeks, peri-orbital regions with cannulas)
Dermal Filler Level 3 - Part Two Hands-on Training Course, BKTi 2013
(Nose, chin and jaw line with cannulas)
Dermal Filler Level 2 - Lip Masterclass (cannulas) BKTi 2013
Galderma Aesthetics Academy x 3 2014 - 2018
ZO basic x1, Intermediate x 3 & Advanced courses x 4 Wigmore Medical 2014 - 2018

FDGP (UK) Masterclass in Facial Aesthetics (distinction) 2015
Botulinum toxin & dermal filler advanced courses, Phi Academy 102 2015
Microsclerotherapy & Facial Telangiectasia courses, Wigmore Medical 2016, 2017
Gold pen workshop 2016
Allergan Training Day 2016
Clinical Facial Anatomy: Dissection & Live Injection Course, Amsterdam 2016
FACE conference, London 2014 - 2019
PRP 'Dracula' therapy course, Dr Daniel Sister, Wigmore Medical 2017
Veinwave Course, Thermavein 2017
Dermal filler complications OFAA (cadaveric dissection) 2017
Eye & Lip rejuvenation using dermal fillers OFFA (cadaveric dissection) 2017
ZO Masterclass (for ZO UK Academy membership), London 2017
Galderma Lips Masterclass, Glasgow 2018
Felic Nano Plasma training course, London 2018
British Association of Sclerotherapy Annual Conference 2018
Galderma 'Au Natural' Aesthetics Masterclass 2018
ZO product and clinical training with Dr Zein Obagi, LA, California 2018
BK Advanced Super Masterclass in total facial sculpting, Reading 2019
Teoxane filler course, Billingham 2019
BK Thread cadaver course, London 2019
FACE conference, London 2019
Transgender filler course (Teoxane), Huddersfield 2019
BK Clinical Thread Lifting Parts 1 & 2, Reading 2019
6th Teoxane Academy Conference, London 2019
Teoxane 360 NE Event Symposium & Hands-on Workshops, Newcastle 2019
ZO Intermediate Training Day, Glasgow 2019
Profilo training, Newcastle 2019
BK Module X course x 3 (skin, hair, fat) 2021
Viscoderm hydrobooster course 2021
Perfect peel course 2021
Level 7 Post Graduate Certificate in Aesthetic Injectables, Harley Academy 2021

Surgical & Education Courses

Branemark Implant Course, Newcastle 1999
AO Plating Course Davos, Switzerland 2000
Second Astra-Tech NCCG Scholarship (Orthognathic Surgery and Implants) 2001
Gothenburg, Sweden
Advanced Trauma Life Support, Newcastle 2002
Facial Skin Surgery & Plastic Techniques for Maxillofacial Surgeons 2002
East Grinstead
ITI Dental Implant Surgical & Restorative Course, Edinburgh 2003
Advanced Cardiac Life Support, Newcastle 2003
European Computer Driving License (ECDL), Newcastle 2004 - 2005
Advanced Trauma Life Support, Gateshead 2007
Advanced Trauma Life Support Instructor Course, Harrogate 2009
Advanced Trauma Life Support Instructor/Candidate course, Gateshead 2009
Intermediate Life Support, Newcastle 2010
Intermediate Life Support (annually) 2011 - 2021
Teaching & Learning for Clinicians involved in Oral Surgery 2012
& Dental Education, BAOS, Edinburgh
Dental Core CPD courses x 4 2014 - 2019
Cerezen training course 2018
BAOS Annual Conference 2004 - 2019
RCSI Annual Scientific meeting, Dublin 2019